

## **RESOURCES AVAILABLE FOR ASSISTANCE WITH HEALTH CARE**

The Caring Program for Children - free insurance benefits for children only, through Blue Cross/Blue Shield when income guidelines are met. 1-800-223-KIDS

Maternal & Child Health Program - for infants and children from low-income families. Contact Mid-Sioux Opportunity at 737-2215 or 722-3611

Department of Human Services - assistance with medical services when income guidelines are met. 737-2943

Hawk I – a free or low cost health insurance program for kids from working families whose income is at 200% of poverty level or less. Even employed parents may qualify their children, Contact the school nurse for more information or application forms. 737-4606 or 752-8480